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 details TBA



Piñeyro Program Draws Attentive Audience

Speaking before an engaged group of professionals, Alfonso Piñeyro DDS discussed the prevention, maintenance and technical solutions of implant complications. In a presentation that covered mechanical techniques, metalurgy, cement and adhesive options, Piñeyro, noted the variety of interactions among treatment materials. In one instance, Piñeyro displayed a patient's "tatoeed" gumline that had been disclosed by the use of titanium.



Speaking with authority based on years of experience, Piñeyro's presentation garnered a number of positive comments from the audience who, despite the call of a warm sunny day, focused on presentation that continued through early afternoon.



While the presentation focused on the technical aspects of restorative implants, there was also time for society members to visit during meals. Keeping with the tradition of a quality menu provided by LCC dining services, attendees enjoyed a traditional breakfast of fresh ingredients and then later a scrupulous lunch featuring seasonal asparagus and salmon in a light cream sauce.

Retiring Executive Director Mark Portman Saluted at Annual Meeting



Council members (L to R) Dan Fredrickson, Andrew Dow, and Ivan Paskalev note the many accomplishments of retiring Executive Director Mark Portman (in blue).

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President's Message



Happy Spring LCDS members!

This last year has been a great year for LCDS. I would like to take this opportunity to thank the people who made it happen and to look ahead to the upcoming year.

Dr. Sonja Sproul completed her term in April and it is my job to fill her shoes as the president of the LCDS. She has proven to be a great steward of the society and an excellent leader. She found the time in between her many commitments, including serving as a Captain in the Army National Guard and moving her dental practice to a new facility, to make LCDS a priority.

Our May Membership meeting will mark another passing of the torch as Mark Portman steps down from his role as the executive director of the Lane County Dental Society after 9 years on the job. Mark has worked tirelessly to represent and modernize the society while supporting the member's needs. Mark has been reliable and thoughtful and he will be missed. In one final duty Mark helped select Jim Wilcox to succeed him in his post. Jim is a fascinating person who brings interest and energy to picking up where Mark left off and continuing to move the society forward.

This coming year will be filled with opportunities to continue the legacy of the LCDS. LCDS will remain a pillar of the dental community by offering opportunities for dentists to get out of their regular work life and interact with their peers in a way that is unique to our society. One of the greatest things about our group is the openness and friendliness that we have developed.

Widespread membership and commitment to participation in continuing education and social events brings an amazing group of dental healthcare providers together.

I am proud of our society and humbled to be serving such a great group of people. I hope to welcome both long time and fresh members to another great year.

Andrew N. Dow DMD, MSD

CONGRATULATIONS TO THE 2017 LCDS LIFE MEMBERS

LCDS congratulates and thanks those members who have been recognized as Life Members in 2017. - Life Members are those members who have reached the age of 65 and have maintained continuous membership in the organization for at least 30 years.

Andrew Holub DDS Thomas R Huhn Jr DDS

Mark A O'Hara DDS Steven W Thurn DMD

Donald D Townsend DMD

LCDS CONGRATULATES
DR. BOB CARMICHAEL
on his 50th Year in dental practice.
story on page 6

MINUTES

**General Business Meeting April 4, 2017 5:30 – 7:30 pm,
Office of Elizabeth Vivona, 4750 Valley River Loop, Ste 200, Eugene.**

Attending: Sonja Sproul, Andrew Dow, Elizabeth Vivona Dow, Amy McDaniel, Carly Peterschmidt, Thomas Houston, Ivan Paskalev, Terri Baarstad, Nicole Sweet, Jim Wilcox and Mark Portman. Not attending: Dan Fredrickson,

Call to Order: by Andrew Dowl - The anti-trust statement was read.

Consent Agenda

- Minutes approved – Executive Council Meeting 1-31-2017
- Financial Reports reviewed and approved:
Statement of Income & Expenses, and
Statement of Financial Position
- Membership Applications confirmed:
Songhyon Kim DDS

Discussion and Action Items

- Approved hiring of Jim Wilcox per Terms of Employment dated 4-4-17.
- Reviewed and approved Budget report dated 3-29-2017.
- Discussed 2016 tax filing and preparation costs, confirmed CPA engagement.
- Discussed contacts with members pending cut off.
- Reviewed March 7 program evaluations, discussed 2017 CE planning.
- Discussed Spring Membership Social planning.
- Discussed LCDS assistance to volunteer effort for undocumented children in need of care.
- Approved section numbering correction for missing Bylaws sections V, VI and VII.
- Discussed and approved roster of officers and members-at-large for 2017.
- Approved 2017 roster of Peer Review committee continuing same as 2016 members list.
- Approved Annual Meeting packet for mailing and Meeting Business Summary 5-19-17.
- Approved change of bank account signers to Andrew Dow, Sonja Sproul, Terri Baarstad and Elizabeth Vivona Dow.
- Approved holders of extra office keys to Andrew Dow and Terri Baarstad.
- Approved transfer of Lane County Dental Society accounts bearing the name of Mark Portman to Jim Wilcox per Transfer Authorization dated 4-4-17.

Meeting Adjourned.

Next General Business Meeting: Tuesday June 6, 2017 at 5:30 p.m.
at Office of Elizabeth Vivona, 4750 Valley River Loop, Ste 200, Eugene.

Respectfully submitted,
Elizabeth Vivona Dow, DDS, Secretary/Treasurer

LCDS News May-June 2017

Published bi-monthly by the Lane County Dental Society 2300 Oakmont Way #110, Eugene, OR 97401, 541-686-1175 and distributed to members of the Society as a benefit of membership. Statements of opinion in the LCDS News are not necessarily endorsed by the Lane County Dental Society. Contributions to the newsletter are welcome in the form of articles, photos, announcements, comments, suggestions or other items of interest to share with the membership. Deadline for the July/August 2017 issue is July 10th. Send all items to office@lanedentalsociety.org.

Executive Director's Report



Dear LCDS members and friends,

It is with great pleasure that I take the position of Lane County Dental Society Executive Director. I look forward to learning more about the organization as I meet members and interact with the advisory council. From what I have seen so far, the organization is well-run, due in large part to the competence of your advisory council and the efficiencies your prior director, Mark Portman, has built into the system.

I would like to further acknowledge Mark Portman for laying the groundwork for a smooth transition. As I come to understand his systems and integrate my own, my goal is to follow the axiom: "If it ain't broke, don't fix it."

A little about me. In my youth I spent time in Los Angeles, Portland and my hometown of Alexandria, where I visited my grandparents who lived near Mt. Vernon. It was common for us to drive to Maryland to enjoy all-you can eat fresh crab served on wooden tables with only a wooden mallet to smack the shells.

Moving from Portland, I enrolled at the U of O where I received a degree in Psychology and Masters in Education. Since moving here I have found Lane County to be a beautiful place to live, despite our wet climate where we can measure annual rainfall in feet.

While I have worked in a variety of organizations covering education, public housing, energy management and media, I have also found the time to give back to the community through service on several boards and committees. As part of my interest in cycling and the health and environmental benefits of active transportation, I am a member of the Greater Eugene Area Riders board, serving as the liaison between our local cyclists and city transportation planners. Since I do much of my commuting by bike, you might see me out on our local roads...even in the rain!

As I adjust to my new position, I look forward to meeting you and hearing how the LCDS can best meet your needs. I always welcome comments and suggestions,

and per my training and experience, believe these are best shared with the board.

Let me again reiterate my appreciation for the work that Mark has done in developing organizational systems and his patient approach to training.

~Jim Wilcox, LCDS Executive Director

IMPACT YOUR HEALTH EUGENE

SAVE THE DATE: September 24th & 25th

Clinic Hours 9 a.m. to 5 p.m.

Location: Lane County Fairgrounds Performance Hall

Volunteer opportunities include:

Dentists, Dental Hygienists, Dental Assistants, sterilization and general volunteers.

To register contact Randy Meyer at:
randy@caringhandsworldwide.org or 541-937-2786

Volunteers needed for both days, full day, or 1/2 a day



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White Bird Clinic Report

We have enjoyed the intermittent sunshine of the last few days. Although it is green and blooming with beautiful flowers it's nice to not have rain.

White Bird Dental is in the last year of an Oregon Community Foundation Grant. We provided sealants and fluoride for Bethel school children. We also operated a twice monthly restorative clinic for students at the Bethel Health Center. Thanks to Medicaid funding we will be continuing our care in the Bethel district.

Carly Peterschmidt is our mobile clinic dentist. She is wonderful with children and provides excellent care. We appreciate her compassion for our littlest patients.

Thank you to Dr. Ed Thatcher who donated hygiene and much needed dental extraction supplies to our clinic. The need for extractions is still high in the patients we serve. We hope that adult dentistry continues to be funded by Medicaid. Maybe with patient education and accessible dental care we could see changes in oral health in our community.

We do not have a dental student until July as they begin their exams and graduate. As a result, we are offering less urgent care clinics. We look forward to their return.

Remember to volunteer. kim@whitebirdclinic.org 541-344-8302

[Editor's Note: White Bird Clinic was my first placement as a Sophomore at the University of Oregon in the early '70s. They represent a lasting support mechanism for our community. Jim Wilcox, LCDS Executive Director]



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"Dental Ergonomics"
Tuesday, September,
2017

RSVP: Email Sabrina at
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or call to leave message at 503-581-9353



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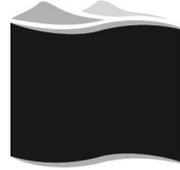
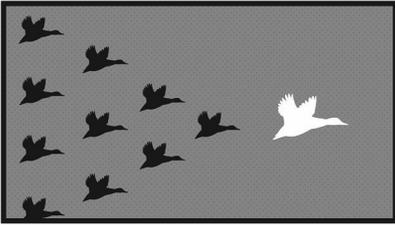
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LANE COUNTY DENTAL SOCIETY

presents

Leadership in the Workplace Skills for Team Building

General Victor E. "Gene" Renuart, USAF (Ret)

Tuesday, September 19, 2017 5:30 - 8:30 p.m.

Center for Meeting and Learning | Lane Community College | 4000 E. 30th Ave, Eugene

Includes dinner



A combat proven leader draws on skills from National level decision making, policy development, and operational experience to capture some of the most important skills needed to build effective teams at any level...In the exam room, the office, or the community. We'll capture approaches to leadership from levels of the White House down to the flight of two pilots in hostile territory and show how each are important to you in your practices each day.

In this discussion you will understand how to apply these lessons to build world class teams...

- You'll gain a better appreciation for the challenges of good leaders
- You'll understand and be able to adapt the complex national policy decisions made in high stress environments into you team interaction
- You'll appreciate the value of proven leadership skills in motivating patients, employees, and peers to excel...And drive success

This presentation will appeal to your entire team capturing recent world events and history and personalizing them with real world experience and then tying it to everyday challenges.

General Renuart's Air Force career culminated as Commander, NORAD and US Northern Command after nearly 39 years of distinguished service. He was responsible for the Homeland Defense and Defense Support to Civilian Authorities for the United States and for partnering in broader security issues for North America. He was responsible for building the interagency cooperation necessary for DoD to partner successfully in support of over 55 government partners and 53 States, Districts, and Territories. A fighter pilot, the General flew over 60 combat missions in four different US and Coalition combat operations. In 2012, he founded The Renuart Group, LLC, a defense, homeland security, energy, project management, and leadership consulting firm.

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For more information - 541 686-1175
office@lanedentalsociety.org



Dr Carmichael Celebrates 50 Years of Serving Our Community

~Dentistry just one of his passions~

If you've had a chance to watch Antiques Roadshow, you know that historical artifacts can provide fascinating insights into earlier times. For dentistry, you need only visit the office of Dr. Bob Carmichael and tour his "museum" of dental devices to experience the antiques roadshow of dentistry.



Dr. Carmichael describes his many plaques

On June 14th, Dr. Carmichael will celebrate 50 years of dentistry, beginning his practice in 1967 when a term at the U of O was \$60 – easily covered by his \$3000 summer wages working in a cannery. And while Dr. Carmichael has many stories about his own years in dentistry, he has also collected tools and media of the trade from earlier local dental practitioners.



One of his earliest bit of dental equipment is an open air x-ray machine which, as Dr. Carmichael notes, was deadly for the operator. Resembling something from a B-grade sci-fi movie, the device is basically an exposed x-ray gun, penetrating cells with deadly precision – literally. Less technical – and less deadly – is his collection of children's toothbrushes addressing that age-old problem of getting kids to brush, among them several Disney characters promoting the joy of dental hygiene.

While one can tour through Dr. Carmichael's historical collections, the first thing one notices on entering his practice is a nautical theme, which, as he notes, produces a calming effect on patients.

In addition, this creates what we now think of as branding, identifying his practice as unique. But unlike some off-the-shelf imagery that one might purchase on Amazon to decorate an office, the office of Dr. Carmichael displays many originals, such as an original 1953 poster for the film Titanic.



You cannot practice 50 years without an opinion about modern dentistry, and Dr. Carmichael shares these freely. Hosting me over a lunch of chowder and fish in a nearby diner, Carmichael noted that dentists seem to no longer build their practices by

building relationships. In an age of marketing formulas and advertising focus groups, Dr. Carmichael revealed his unique "marketing" approach: Introduce yourself. Get to know people. Offer a smile, a handshake, and most important of all, carry a business card. What could be more natural for a profession based on intimate contact than to initiate close relationships?



Dr. Carmichael's Den of Dental History

Dr. Carmichael also values the role dentists can play when giving to our community. In Dr. Carmichael's lengthy career, he has served on over two dozen councils or organizations and volunteered his skills to help the disadvantaged. Among his contributions, Dr. Carmichael has served in an advisory role in the LCDS and ODA, donated his time to the Children's Dental Clinic and Veterans "Standdown" Clinic, and even led a Cub Scout pack. When asked if informing one's patients of such dedication could look self-serving, Dr. Carmichael assuredly said dental patients want to know their doctor volunteers to serve the needs of their community.

Turning to the value of membership in the Lane County Dental Society (Carmichael was president in 1985) he noted the value of peer reviews. Reviews by peers provide support when dentists face patient complaints, which, if not mediated, sometimes go before the State board. In addition, Dr. Carmichael says that members have an opportunity to learn from each other, countering a trend toward reading and responding to emails during conferences. For Dr. Carmichael, being a member of LCDS was the "best thing I ever did".

Spending time with Dr. Carmichael means absorbing a wealth of knowledge about the history of local dentistry and the value of personal relationships. Dr. Carmichael's wisdom cannot be gleaned from an article read on cell phone or in teleconference. Instead, it is the kind of knowledge best received through "face time." In the vein of Marshall McLuhan's idea that the "medium is the message," Dr. Carmichael has built a successful 50-year practice on the medium of personal contact.

Editor's note: Dr. Carmichael has the original door to a practice called "Painless Parker." The offices of Painless Parker spread up and down the West coast during the early 1900s up until the 50s. For more information on "the most famous dentist in America" and how he bucked the dental establishment see <http://www.bbc.com/news/magazine-31704287>



Dr. Carmichael's cache of many dental related figurines

Implant Workgroup Volunteers Needed

The Oregon Board of Dentistry established a Dental Implant Safety Workgroup to address the patient safety initiatives identified in the OBD's 2017-2020 Strategic Plan. Any Oregon licensed dentist who would like to apply to be part of this Workgroup can contact OBD's Executive Director at Stephen.Prisby@state.or.us

SAVE THE DATE: Family Dental Clinic for Uninsured Families.

A Caring Hands/Head Start Partnership
(Pre-registered clients - not a walk-in clinic)

Sunday July 30th, 2017 Clinic Hours 9 a.m. to 5 p.m.
Head Start of Lane County- Whiteaker Center
21 N Grand Street
Eugene, OR 97402

Volunteers needed for full day, or ½ a day
Volunteer opportunities include: Dentists, Dental Hygienists, Dental Assistants, sterilization and general volunteers.

To register as a volunteer contact:

Randy Meyer at: randy@caringhandsworldwide.org Phone- 541-937- 2786
or Val Haynes at vhaynes@hsolc.org Phone: 541-968-0558



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(Photo from left to right
Phill, Megan, Whitney, Kim, Matt, Justin, Bryan)

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Background
Brian Goff, CDT

Foreground
Alex Rugh, CDT



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LANE COUNTY DENTAL SOCIETY

presents

INFECTION CONTROL

for the Dental Healthcare Team

Karla Kent, MA, PhD

Tuesday, October 17, 2017 5:30 - 8:30 p.m.

Center for Meeting and Learning | Lane Community College | 4000 E. 30th Ave, Eugene

includes dinner



**Registration begins:
August 14th**

Dental Healthcare workers must be current with all guidelines and regulations concerning infection control in the dental setting. This class provides a review of CDC guidelines and recommendations for infection control practices in dentistry, emphasizing the Infection Control Guidelines of the Oregon Board of Dentistry. The concept of standard precautions will be reviewed, including effective hand hygiene practices, use of personal protective equipment, barriers and surface disinfection, and safe injection practices. Rules regarding sterilization methods and sterilizer monitoring, handling and disposal of biohazardous waste, and management of occupational exposures will be presented. Rationale for recommended practices and reports of infection control violations will be discussed to help the dental healthcare worker identify and reduce risk for the spread of infection to providers and patients.

Expected Outcomes for Attendees:

1. Apply the most current infection control practices recommended by the CDC and required by the Oregon Board of Dentistry.
2. Protect yourself, your co-workers, and your patients from infectious diseases that may be encountered in the dental setting.
3. Properly disinfect, sterilize, and care for dental instruments and equipment, including handpieces, waterlines and suction lines.
4. Disinfect and barrier-protect surfaces that may become contaminated during patient care.
5. Test heat sterilizing devices for proper function through required monitoring.
6. Dispose of biohazardous waste, hazardous materials, and sharps safely and appropriately.
7. Manage exposures to bloodborne pathogens with appropriate follow-up.
8. Reassure your patients that your office uses evidence-based infection control precautions.

2 CE Credits Course content is appropriate for the entire dental team.

Free Tuition for Members with advance registration*

Nonmember Dentists \$60, Dental Staff \$40, Students & Nonprofit Staff \$30



Karla Kent, MA, PhD, is a Professor of Integrative Biosciences at Oregon Health & Science University (OHSU) School of Dentistry. She received her PhD from Harvard University in Boston, MA and has been involved with basic science education of medical, dental and dental hygiene students at OHSU since 1990. Dr. Kent is currently Director of Quality Improvement and Health & Safety Officer for the School of Dentistry. She oversees infection control practices in the School and supervises operations in the new central sterilization facility. Dr. Kent instructs dental students in infection control practices and provides updates on bloodborne pathogen exposure control to staff. She collaborates on research concerned with patient safety and adverse events in dental settings. In addition to chairing the school's Quality Improvement Committee, Dr. Kent serves on the OHSU Hospital Infection Control Committee, University Safety Committee, Worker Safety in Clinical Environment Committee, and the Research and Academic Emergency Planning Committee. She is a member of the Organization for Safety & Asepsis Procedures and the International Association of Healthcare Central Service Material Management.

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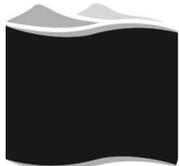


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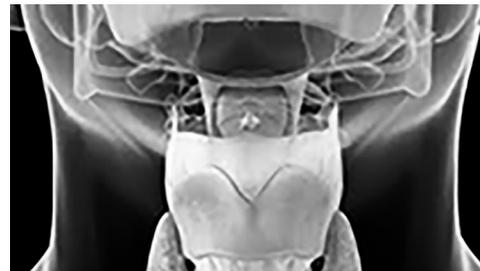




LANE COUNTY DENTAL SOCIETY

presents

Balancing Dental Management and Endocrine Disorders



Vipul Lakhani, M.D. November 10, 2017 from 8:00 a.m. - 12:30 p.m..

Center for Meeting and Learning | Lane Community College | 4000 E. 30th Ave, Eugene. Includes dinner

Dental disease and endocrine disorders affect a large crosssection of the population and are closely related. In particular, diabetes and osteoporosis are disorders with high prevalence and the management of these disorders is closely linked with dental disease management. Diabetes affects ~29 million Americans and osteoporosis ~54 million Americans. Research is finding a close link between dental and gum disease and diabetes. In addition osteoporosis and its management are tied to dental disease.

Attendees will learn: The latest scientific evidence linking dental disease, diabetes and osteoporosis Best approaches to managing dental and endocrine disease based on available evidence.



Dr. Lakhani earned a Bachelor of Science from Duke University and his medical degree from Vanderbilt University School of Medicine. He completed his residency in Internal Medicine at University of North Carolina, Chapel Hill and a fellowship in Endocrinology, Diabetes and Metabolism at Duke University School of Medicine. Dr. Lakhani joined Oregon Medical Group after working as Assistant Professor of Medicine at Vanderbilt University School of Medicine for eight years in various capacities. His patient care emphasis includes acromegaly, adrenal gland problems, pheochromocytoma, thyroid conditions, underactive adrenal glands/Addison's disease and diabetes.

4 CE credits

Free tuition for LCDS Members with advance registration.

Non-LCDS member dentists \$80
dental staff \$40, student/non-profit staff \$30
Course content is appropriate for general dentists, specialists, dental assistants and dental hygienists.

Registration starts July 19th

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For more information - 541 686-1175
office@lanedentalsociety.org



Dental Practice Life Cycle: Purchase and Growth Stage

Theron Sikora, Senior Staff Accountant,
Jones and Roth Dental Profit Advisors Team

Regardless if you purchased a practice from a retiring dentist or started your patient list from scratch, the first five years of your practice are going to be marked by high debt, tight cashflow, and rapid growth. These are exciting years, but can be very stressful as you will be constantly distracted from your dentistry by the realities of running the practice and being a business owner. Your primary goals for this time should be to implement good systems and create a plan that lets you harness your practice and allow you to reach your goals. Of all the issues you need to address, cashflow, practice administration, and planning growth are the most important.

Cashflow, and the lack of it, can be a huge problem for many dentists starting out in their new practices. Often times, the biggest strain on cashflow is the dentist's compensation. While an established dentist in a healthy practice can expect 30% of gross collections as compensation, a dentist just starting a practice should consider maintaining their associate salary until the practice is through its first year. This allows you to build up a cash reserve, get a feel for the monthly cashflow requirements, and determine how much you want to take as compensation, and how much you want to invest back into the practice to increase your patient experience, standard of care, and, overall, your enjoyment. Sacrificing an increase in salary for yourself in the first couple years and investing in the practice can lead you to a happier and more profitable future.

A good rule of thumb is to keep at least two months-worth of your required payments (loan payments, payroll expenses, rents, etc.)

as a cash reserve so that you rarely have to wonder if you can make payroll next week or need to pull another two thousand in production this week to make rent. Similarly, you should reserve at least 30% of any money you take out of the practice for taxes. If your practice is a corporation, your withholdings from your paycheck should also be around 30% of your gross pay.

Practice administration is the managing of your new employees, your patients, your accounts receivable, your recordkeeping, and all the hundreds of little decisions you need to make every week. You should strongly consider hiring a practice administrator and retaining the services of an accountant. The practice administrator will help you manage the practice by maintaining the daily recordkeeping, making collection calls, helping you address staffing issues, and generally help you handle anything that distracts you from your most important task—dentistry. An accountant, ideally a dental CPA, will review your bookkeeping regularly, help you develop a plan for taxes and your financial future, and help you monitor the health of your practice.

Many times you will be working with an unfamiliar team when you first start out. Some of your team will adapt to your style and will thrive in the new culture, but some will not be a good culture-fit. This is a normal part of business, and while it can be unpleasant and difficult to deal with, it is better that those employees having a hard time adapting, move on to other opportunities. If someone is having trouble with performance, address it with them early and often. Encourage good team members with performance bonuses and public recognition. Surrounding yourself with a team that you can trust and rely upon is a great start to your practice.

Planning growth for your practice is very important in your first few years. You will be establishing your reputation with the community

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and your new patient base during this time. Regardless if you've purchased a new practice or are building your own, you can communicate a lot to your patients by deciding what level of care

you want to provide and establishing a comfortable environment for your patients. Often times you will need to invest a lot initially to get the practice equipment, facilities, and décor up to your standards.

Once you've get your practice's identity established, you can work on bringing in new patients, plan for expansion, and plan your continuing education so that you can start performing more comprehensive and high value dentistry. Short term growth planning can be as simple

as setting daily production goals and rewarding your staff after you have a good day. Near term goals should be focused on increasing recall and patient referrals as well as evaluating active marketing options like mailers for general dentists and building relationships with other practices for specialists. Long term goals should look at making sure your equipment and operatories are sufficient for your needs and evaluating fee schedules and PPO participation.

Starting a practice of your own is difficult, but with some foreknowledge and planning, you can greatly reduce your stress and increase your long term rewards from the practice. Take advantage of industry and financial professionals and remember that you don't have to run your business alone. Hiring someone to assist with the business portion of your practice frees you to focus on providing excellent dentistry and taking time away from the practice to rest and recharge.

Theron Sikora is a senior accountant on the Jones & Roth Dental Profit Advisors Team. He provides dental practices with an end-to-end suite of financial services to maximize efficiency, profitability, and long-term success.



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