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Save the Dates!

2019

- Thursday, October 10th: **LCDS Fall Social**, Oakshire Brewing
- Tuesday Evening, October 15th: **Dr. Rapson, TMD** (2 CE).
- Friday, November 8th: **Dr. Marco Brindis, New Generation of Hybrid Dentures** (6 CE).

2020

- Tuesday, Feb 18th: **Infection Control**. (Presenter TBA)
- Tuesday, March 31st: **Dr. Barry Taylor, Green Dentistry - Cannabis and Oral Health**

LCDS Members Achieve Life Member Status



Dr. Elizabeth Vivona shares a moment to celebrate Dr. Rochelle's new Life Member status.

Staff at Dentistry for Children join Dr. Ivan Paskalev as Dr. James E. Barta takes a brief break working with kids to receive his Life Member plaque.



At Veneta Dental, the staff celebrate as Dr. Steven Abbott gives a contagious smile upon receiving his Life Member plaque.

A Life Member is an active or retired ADA/ODA/LCDS member dentist in good standing for at least 30 consecutive years or a total of 40 years.

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President's Message

Hello LCDS Members,

About two years ago an article in the Washington Post titled "The unexpected political power of dentists" equated the political power of the ADA with that of the NRA. Maybe somewhat exaggerated, but with certain pride, I can agree it is true.

The article goes on to talk about the poor state of dental health in the USA and the ADA's opposition to using mid-level providers for general dentistry.

While I don't always agree with all of the ADA's policies, I have had some personal experience that few American dentists have had, which makes me believe American organized dentistry is good for American dental health.

As some of you know, not too long ago I spent a couple of years in the trenches practicing "wet finger" dentistry in the UK, where I provided care under the umbrella of the National Health Service (NHS). Prior to that, I also worked for a few years with Oregon Health Plan patients.

Quite strikingly, the standard of care I saw was significantly worse in the UK, even compared to OHP. The poor quality of the NHS dentistry spilled over into the private sector and frankly, education.

At first glance, the UK has all the systems that one would expect to be pointing to better oral health: A nationwide system of "socialized" delivery, strong system of regulations, abundance of dentists pouring from all over Europe, litigation happy attorneys to keep everyone in check and yes - mid-level providers. Yet all the jokes about British teeth are true, and don't let any epidemiologists tell you the opposite. No one there takes any radiographs to know the truth.

What I believe makes the difference is the culture of excellence that exists for American dentists from the pride that we take of our work. This percolates up to the top of our Lane County Dental Society. As a group we don't want to compromise the quality of the services we provide, regardless of whether those services are for-profit, social programs, or the funding source.

The problem is especially important with dental surgery where poor execution usually has long-term, irreversible effects. And this is where the problem with mid-level providers comes. The argument that the Washington Post article makes is that no one minds seeing a nurse practitioner for sore throat. On the other hand, I also know no one wants to see a mid-level surgeon for a meniscus surgery.

~ Ivan Paskalev

Investment/Space for Lease Opportunity

BRAND NEW office space in highly visible, excellent location. The Schimmer building has medical/dental space available. 2921 Crescent Ave. On the corner of Shadow View and Crescent.

Beautiful views with many large windows and plenty of daylight. 3000 sq ft and 1150 sq ft.

Contact Jim Schimmer 541-521-7673
or Terri Baarstad 541-510-1332
tbaarstad@gmail.com

In Memoriam



Chester Lee Stevenson Jr. DMD.

Lane County Dental Society Member and 1958 President Chester Lee Stevenson, Jr., died of natural causes on June 4, 2019 at the age of 94. He was born in Eugene on March 26, 1925 and graduated from University High school (now South Eugene High). During World War II he served as a medic and assisted in the liberation of Dachau Concentration Camp.

Chester attended the University of Oregon, later marrying Carol Miller, on June 20, 1949. Chester attended the University of Oregon Dental School and in 1953 he returned to Eugene to build his dental practice. Chester also managed the Elk's Children's Dental Clinic, commuting by bike there for 35 years. His reasons were not environmental, but for health. An early adherent to the value of active transportation, Chester is reported to have said, "I got tired of driving - and I don't get any other exercise". He continued biking into his 90's.

In a 1983 Register-Guard article, staff writer Don Bishoff wrote about Chester's support for the Elks Children's Dental Clinic. In that article he quoted Dr. Glen Purdy: "Without somebody like him [Chester], the thing would die." Dr. Robert Carmichael added: "Chet is the guy who's always on the phone getting more and more volunteers."

When the Elk's Clinic closed, Chester continued his dedication to volunteer work at White Bird Dental Clinic.



Richard "Rich" Meltebeke, DMD

LCDS Member Richard Meltebeke passed on June 24, 2019.

The youngest of three, Rich was born on February 4, 1949 in Hillsboro, Oregon. Showing early promise, Rich was one of Oregon's youngest Eagle Scouts in 1964 at age 15. He graduated from Hillsboro High School in 1967 and continued his education

at the University of Oregon, where he earned his Bachelor of Science in Biology in 1971 and a Doctor of Dental Medicine in 1974 (now OHSU).

1974 Rich met his future wife, Sheri Lynn (Sauter) Meltebeke and they wed on December 23, 1974. He also opened his private dental practice in Eugene, Oregon where he practiced full time until 1999. Rich was active in the Oregon dental community during that time, serving in different roles for various dental associations and spearheaded many dental mission trips.

Later in life Rich became an ordained minister and financial advisor. Those who knew Rich say he pursued a relationship with God with great energy and determination, spending time reading, teaching and praying. It was the love of Jesus that changed his heart and compelled Rich to love others. For many who knew him, he will always be remembered as a man of God.

LCDS News September/October 2019

Published bi-monthly by the Lane County Dental Society 2300 Oakmont Way #110, Eugene, OR 97401, 541-686-1175 and distributed to members of the Society as a benefit of membership. Statements of opinion in the LCDS News are not necessarily endorsed by the Lane County Dental Society. Contributions to the newsletter are welcome in the form of articles, photos, announcements, or other items of interest to share with the membership. Notice of errors or corrections appreciated.

Deadline for the November/December Issue is October 15th, 2019. Send all items to office@lanedentalsociety.org.

Executive Director's Report

LCDS Offers a Broad Range of Support for Dental Professionals



In the July/August LCDS newsletter I noted that the Lane County Dental Society is CERP certified, making us rather unique as an Oregon dental society. The printer's ink was barely dry on that issue when we received notice from the Academy of General Dentistry that it was time to re-apply to renew our status as an AGD certified CE

provider.

The AGD certification renewal process is similar to CERP, which makes sense, for both AGD and CERP the question is: Does your organization provide CE and what processes do you have to ensure those programs are not biased toward certain products or practices?

As some may already know, the purpose of remaining neutral is to ensure patients receive the best care. The concern is that biased educational programs will lead to biased treatment, whether in the use of certain products or practices that may not be optimal options for patients.

LCDS continuing education strives to present quality CE so members and their staff have the latest and most effective treatment options. But we should not stop there. Future staff also need the latest in *best* practices. Toward this goal, the council approved a proposal to make a table available free of charge at all CE for up to 5 students enrolled in the LCC dental program. Council member Dr. Frederickson is the Dental Director at LCC and will coordinate with LCC program coordinator Sharon Hagen to make

this a successful enhancement for the LCC dental program.

Providing CE and supporting LCC students is important, but the Council also understands the value of showing support for new dentists. In support of new dentists, the Council began offering a new dentist social on a regular basis. New dentists - those defined as having been in practice for ten years or less - are invited to meet council members at the Public House in Springfield. Our inaugural event was September 8th. Due to the timing of publication, look forward to a report and pictures of this event in the November/December LCDS News.

Of course, we are not forgetting our larger membership. This year's Fall Social will be Thursday, October 10th at Oakshire Brewery 207 Madison, Eugene. Sponsored by Columbia Bank, we'll have complimentary drink tickets and a variety of appetizers from food trucks on-site. We've confirmed there will not be loud music, so members should have no trouble engaging in spirited conversation.

In closing, let me remind members that the ODA House of Delegates will be in Portland at the new DoubleTree hotel Saturday, September 28th. Friday sees an attendee social. If you have concerns about the direction of dentistry at the local or national level, contact your representatives. And look for my report on events there in the next issue of LCDS News.

With AGD and CERP CE certification, new member and Life Member recognition (see this issue), general member socials, and the upcoming House of Delegates, the Lane County Dental Society in conjunction with the ADA and ODA, continues to advocate for and support our member dentists.

~ J.P.Wilcox

Regional CE Calendar Program Fees May Be Assessed

Date	Host Dental Society	Course title	Speaker	Hours CE	Location	More Information
9/10/2019	Marion & Polk	Social Media - How to Benefit my Office	Stew Bartlett & Ian McNickle	1.5	Salem (Boys & Girls Club)	Contact Sabrina H. - marionpolkdentalsociety@gmail.com
9/19/2019	Central Oregon	Implant Supported Overdentures	Dr. Sam El Ebrashi	2	Bend (Riverhouse Convention Center)	www.centraloregondentalsociety.org
10/8/2019	Marion & Polk	The Restoration of Endodontically Treated Teeth and Color & Shade Selection	Larry Over, DMD, MSD	1.5	West Salem (Roth's)	Contact Sabrina H. - marionpolkdentalsociety@gmail.com
10/16/2019	Multnomah	Digital Dentistry	Samantha Jones & Kristen Minto	2	Milwaukee (MODA Plaza)	multdental@aol.com or lora@multnomahdental.org
10/28/2019	Clackamas	Digital Marketing	Ian McNicholes - WEO Media	2	Oregon City (Providence Willamette Falls Comm. Center)	www.clackamasdental.com or executivedirector@clackamasdental.com
11/12/2019	Marion & Polk	Dental Profession's Role in Managing the Patient with Diabetes	Jaime Collins, RDH	1.5	West Salem (Roth's)	Contact Sabrina H. - marionpolkdentalsociety@gmail.com
12/6/2019	Multnomah	Risk Management & Medical Emergencies	Chris Verbiest & Normund Auzins, DDS, MD	7	Portland (McMenamins Kennedy School)	multdental@aol.com or lora@multnomahdental.org

White Bird Clinic Report



Thanks to Dr. Tim Welch for leading our Hard Hat Tour! (see pg. 11) Thanks also to the dentists who joined us for the evening. It was a fun event and a great way to see our future public health dental clinic.

We are gearing up for the Bethel School District screening days. If you are interested in helping identify children for possible dental problems, please email evelyn@whitebirdclinic.org. The uninsured children will be seen by Dr. Carly Peterschmidt at the Bethel Health Center.

In 2011 we began hosting fourth year dental students. This program helps us to increase the number of people seen for treatment. They work under the supervision of our staff dentists. In 2020 we will begin to host two students at the same time.

Thanks to Robert Gemmell for donations to our dental clinic. Over 75% of our patients live below 100% of the federal poverty level. Donations allow us to spend less on supplies and more on patient discounts.

If you are interested in donating to help open our new dental clinic, please see our website: www.whitebirdclinic.org



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(Photo from left to right
Phill, Megan, Whitney, Kim, Matt, Justin, Bryan)

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541-653-8154 (f)
springfielddentallab@yahoo.com



left to right:
JONATHAN POWELL, CPA
LINDSEY STEIGLEDER, CPA
JOHN MLYCZYK, CPA, PARTNER

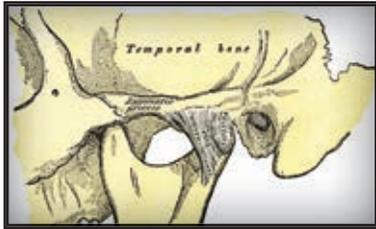
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LANE COUNTY DENTAL SOCIETY

Temporomandibular Joint Disorders

with

James Rapson, DDS

of

Permanente Dental Associates

Tuesday, October 15th, 2019

5:30 p.m. - 8:00 p.m.

Dinner Included

Center for Meeting and Learning

Lane Community College | 4000 E. 30th Ave, Eugene



From 1985-2007 Dr. James Rapson was on active duty with the United States Navy Dental Corps, engaged part of that time in general dentistry including Fleet Marine independent duty, Dept. Head at Sea, Restorative Dept. He was also Head Command Consultant for

Orofacial Pain & TMD, Oral Diagnosis Dept. Head & Clinic Director.

In 2001 Dr. Rapson completed graduate studies at the University of Kentucky, and entered practice limited to TMD & Orofacial Pain.

He is Commander, USN (retired) working in civil service from 2007-2010 at the US Navy Dental Center, Norfolk, VA. He is currently lead clinician with Permanente Dental Associates, Portland, OR, holding his position there since 2010.

From the presenter: “[A mentor] helped convince the Navy to send me to graduate school. While most other residents had a dozen or more TMD cases behind them upon entering the TMD Program, I had already completed about three thousand cases. I learned more in the first six weeks at Kentucky than I had learned in the previous ten years of study and on-the-job experience. General & restorative dentistry was a good career; I still envy younger men and women who drill & fill every day, like I did for several years, but my TMD practice is delightful.”

2 CE CREDITS
Free for LCDS Members
with advance registration.
Non-LCDS member dentists \$80
Dental staff, student/non-profit staff \$40.
Course content is appropriate for general dentists and specialists.

It is still up to the general dentist to manage most TMD patients. A quick foray into TMD literature often reveals in an overwhelming or intimidating knowledge base, that often does not lead to practical solutions. This presentation will utilize information we all learned as dental students and provide practical algorithms for the diagnosis and treatment of the vast majority of TMD cases.



Lane County District Dental Society has been designated an approved PACE Program Provider by the Academy of General Dentistry. This program provider's formal COE programs are accepted by the AGO for membership maintenance, Fellowship, and Mastership credits. Approval does not imply acceptance by a state or provincial board of dentistry or AGD endorsement. The current term of AGD approval extends from 1/16/2017 to 1/15/2020.

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***Late Registration, Cancellation, No Show and Refund Policies:**

Advance registration is required to guarantee seating and to receive the free tuition member benefit. A late registration may be accepted after the registration deadline only if seating is available and a Late Registration fee of \$35.00 is charged in addition to any tuition due. Full refunds can be requested by telephone or email to LCDS prior to the registration deadline. No refunds are available after the close of registration. A No Show fee of \$35.00 will be charged to registered LCDS members who do not cancel prior to the close of registration and do not attend the program.

For more information - 541 686-1175
office@lanedentalsociety.org

**Lane County Dental Society
Approved General Meeting Minutes
Tuesday, June 4, 2019 5:30-7:30 pm**

Office of Elizabeth Vivona Dow

Present: Andrew Dow, Elizabeth Vivona Dow, Jordan Lentfer, Carly Peterschmidt, Ivan Paskalev, Dan Frederickson

1. Council Applicant: Dr. Keven Sweeney – member at large: Unanimous approval.
2. Council wishes to discuss the president-elect position at the next council meeting.
3. Executive Director job description review. Exec. Dir. thinks we should add the following to the Executive Directly Job Description: The Executive Director should present an image of the Society to the membership and general public that enhances our image and branding.
4. Statement Financial Income and Expense
 - a. Sponsorship income and membership income – on accrual basis.
 - b. Accountant will write up a proposal to accrual basis vs annual. Members will review at next meeting.
 - c. Payroll expenses: down this year. Admin office expenses: down this year.
 - e. Professional services: up this year. Exec. Dir. will look into this and report to council.
 - f. CE program expenses: up this year (because of the accrual basis).
 - g. QUESTION: is there a way to print the report so that we can see the numbers on an annual basis for more accurate year-to-year comparison? Exec. Dir. will check on this.
5. Reviewed bank accounts.
6. Exec. Dir. needs a new laptop for the LCDS office; still looking into models within our budget. Will need a few hrs. of IT help to transition programs/files smoothly.
 - a. Partnered IT solutions – a suggestion for IT help.
7. Tax info has been submitted to accountant.
8. Need to update bank account access.
9. Office Lease: 5 year renewal lease at fixed percent every 2 year increase.

- a. Exec. Dir. proposes we do an online approval once we get the numbers: unanimous approval.
10. CE Planning:
 - a. Marco Brindis – Nov 8: Dentsply helping to sponsor his travel expenses
11. CE TDIC: approached Exec. Dir. for an employment law CE (they would sponsor it)
 - i. Hold the class in Jan?
 - b. Future Class Ideas: We need to fill 2 hrs – council believes that whomever commits first to filling this class would be ok.
 - i. Marijuana class – Ivan hasn't heard back from speaker. Will follow-up.
 - ii. A psychiatrist could give a class about anxiety.
 - iii. Kim Kutsch – caries, biology, operative dentistry, etc... large honorarium
 - c. Ivan proposed we add language to CE event announcements that certain classes are not "clinical" and that the OBD allows only 4 CE credits towards "practice management" per licensure.
 - d. CE proposal: cognitive errors in medicine: a professor in Monterrey is willing to prepare a class on this for travel expenses only.
12. OregonSaves:
 - a. Ivan proposed that Merrill Lynch write a piece in the newsletter about it. Piece should compare retirement plans: 401ks vs OregonSaves etc..
13. LCC dental students and special education rate:
 - a. Proposal: Exec. Dir. proposed they pay \$25, sit at their own table – not approved. Motion to allow a set number of them come for free; set up their own table – set aside 5 "scholarships" per CE class — unanimous approval.
14. Exec. Dir. would like to take a summer vacation: June 17-June 20 — approval provided that he update phone message to let people know he's out on vacation.
15. Carly proposed that we continue to email past members of what our CE offerings are because some non-members would still like to attend and pay for certain classes, especially the required classes.
16. Exec. Dir. proposed that he buy some prizes to give out as a surprise during CE class — Approved

**Meeting Adjourned at 7:20 pm
Respectfully Submitted, Elizabeth Vivona Dow, DDS**

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LANE COUNTY DENTAL SOCIETY

A New Generation of Hybrid Prosthesis:

An effective viable hygienic solution for the edentulous patient *with* Marco Brindis, DDS

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Image courtesy of Dentsply Sirona Inc.



Dr. Marco Brindis is a professor at the Prosthodontics Department at Louisiana State University, where he also maintains an intramural restorative practice devoted to esthetics and implants with an interdisciplinary approach. He earned a D.D.S from the Universidad Intercontinental in Mexico City in 1998. He did a Preceptorship in Dental Implants at the Universidad Intercontinental in 1999 and a Preceptorship in Dental Implants at the Dental

School at the UT Health Science Center in San Antonio in 2002. He completed a surgical Implant Fellowship at the Biotechnology Institute in Vitoria Spain in 2003. He got his Certificate in Prosthodontics at LSU School of Dentistry in the Department of Prosthodontics in 2007. He then completed the Esthetic and Occlusion courses at the Pankey Institute in 2007. Dr. Brindis is very passionate in the field of interdisciplinary dentistry for full mouth reconstruction, esthetics and implant dentistry. He is involved in the development of new implant protocols to treat the edentulous patient. He has lectured nationally and internationally. He is a member of several organizations including the American Academy of Restorative Dentistry, Academy of Osseointegration, American Dental Association, American College of Prosthodontist and the Pierre Fauchard Academy.

Dr. Brindis does not have any relevant financial interest in this course offering.

Friday, November 8th, 2019
8:30 a.m. - 3:30 p.m.
Breakfast and Lunch Included
Center for Meeting and Learning
Lane Community College | 4000 E. 30th Ave, Eugene

6 CE CREDITS

Free for LCDS Members

with advance registration.

Non-LCDS member dentists \$80

Dental staff, student/non-profit staff \$40.

Course content is appropriate for general dentists, specialist and dental staff.

This program is listed online as: **A New Generation of Hybrid Dentures**

Program Objectives:

1. Understand the benefits of cross arch stabilization during immediate loading.
2. Understand the complications and limitations of the hybrid denture.
3. Learn a new alternative for the treatment of the Edentulous Maxilla. A healthier, more esthetic, and maintainable approach.



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Lane County Dental Society Fall Social

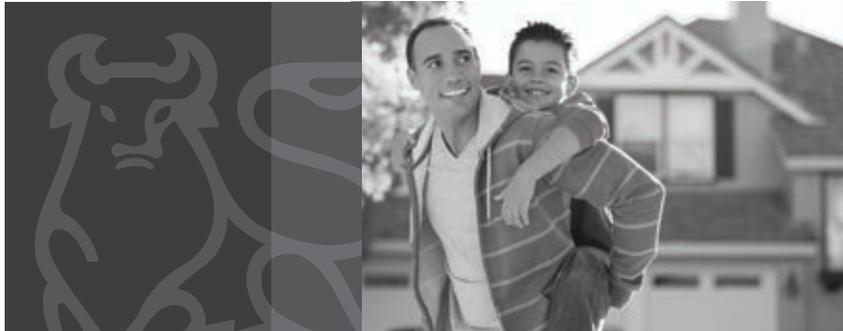
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White Bird Hosts Hard-Hat Tour

On Thursday, August 8th, Dr. Tim Welch let a tour of 1415 Pearl Street building, the future home of White Bird Dental Clinic. The tour was an opportunity to showcase the 12-chair clinic that will provide dental care to homeless and low-income families. Patients include uninsured patients who pay on a sliding fee, and members of the Oregon Health Plan.

Lane County Dental Society was instrumental in opening the first White Bird Dental clinic. LCDS supports the clinic with volunteer time and donations of supplies and equipment. White Bird is currently raising money to cover the costs of the remodel. Please reach out to Dr. Welch if you would like more information about supporting the construction project.



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LCDS Welcomes Dr. Timothy Lee



Dr. Timothy Lee

“Dental IQ” is a key term for Dr. Timothy Lee, a new member of the LCDS community. Dr. Lee sees part of his mission is to increase his patients’ knowledge about their dental health, in effect, raising their “Dental IQ”.

A graduate of Loma Linda University School of Dentistry, Dr. Lee’s dental roots run deep, as his father has been a dentist in Roseburg for 25 years. With that heritage, during our visit Dr. Lee added

that even with four years of dental school

“you learn so much in practice”. While dental IQ is important for Dr. Lee, building the trust of patients is also crucial, noting that trust takes time to build, and it must be continually cultivated. His goal is to “put the patient in control.”

In his practice at Oregon Family Dental where he works with Dr. Park, Dr. Lee appreciates Dr. Park’s confidence in his abilities, adding that Dr. Park is always available for consultation to ensure the best treatment for Dr. Lee’s patients.

Dividing his time between work in Eugene and his father’s practice in Roseburg, Dr. Lee will soon be joined locally by his fiancé Kathryn Anderson, who he met at dental school and who admires the beauty of our area. Eager to establish his own practice, Mission Dental, this September 15th., Dr. Lee and his fiancé look forward to building their future in Lane County.

LCDS welcomes Timothy and Kathryn to the Lane County Dental Society.