



Member Spotlight: Dr. Mariya Costa, DMD - Amazon Creek Dental

Dr. Mariya Costa has always been interested in medical sciences. As an undergraduate at the University of Washington, she studied microbiology to go into dentistry or medical school. What attracted her to dentistry was that she could help people in a very real way. Before college, she worked as a dental assistant; during college, she volunteered at a dental clinic at a church. Before going to dental school, she worked in a pathology lab for three years.

Mariya went to Roseman University College of Dental Medicine in South Jordan, Utah. Before starting her studies in Utah, she traveled with a friend to all the national parks in Utah, including Bryce Canyon and Zion National Park. While in Utah, she missed the coast and the Pacific Northwest.

Dr. Costa met her husband, Edward, in North Bend after moving to Oregon after dental school. Their first date was a double date with their dogs at the beach. Edward had a chocolate lab, and Maria had a black lab. Although they spent a lot of time at the beach calling their dogs to come back, they found that they really enjoyed their time together, and now they are married and proud parents of two labradors and a cat. Edward spent ten years as a firefighter and paramedic. He worked in an urgent care clinic before assisting his wife as her Clinic Administrator at her new practice, Amazon Creek Dental. His computer expertise and technical prowess have been an asset to the clinic. During their off hours, the couple enjoys hiking and visiting local restaurants.

Mariya is now beginning her second year at her practice. The first year was an exciting time full of learning what she needed to know about running her own business. She discovered that there is a big difference between being an associate and owning your own practice. She recommends that anyone considering starting their own practice take time to talk to other new owners and ask them questions. She also recommends spending as much time as possible at the practice you are considering purchasing. On a working day, you can see how the operations run and meet the staff.

Recruit for Rewards

Recruit new members January 1 — August 31, 2024 for a chance to win a 7-day Hawaiian cruise, among other prizes.

Eligibility

- Any ADA member dentist is eligible to participate as a recruiter. Any degreed dentist who was not an
- ADA member in 2023 can be recruited.
- Renewing members (who were members in 2023), dental students, and retired dentists are not eligible to be recruited.

Participation

- Newly recruited members must list the recruiter's name and contact information as a referral on the membership application at ADA.org/join.
- ADA member recruiters will receive an email notification after the referred dentist has been accepted into membership.
- A raffle entry for periodic drawings will be awarded for each new, active member recruited. Recruiters will receive a chance to win a 7-day Hawaiian cruise for every five new recruited members. Recruit 25 new members and automatically win a "Super Recruiter" prize! See below for additional details.

Prizes

Grand Prize: One (1) Grand Prize winner will receive their choice of:

- Round trip airfare for two from winner's location to Hawaii and a 7-day Hawaiian interisland cruise for two (with an ARV of \$7,500)
- Up to \$7,500 to apply to another trip for two from the AHI Travel catalog
- A check for \$3,500.

Any trip must be taken before December 31, 2025.

**You could win prizes*
for recruiting members**

Earn one entry for each new member who lists your name and contact information on their application.

*See full contest details at ADA.org/R4R.

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President's Message

Dear Members,

I hope this message finds you well and that you had a wonderful holiday season surrounded by friends and family. As we step into the new year, I want to take a moment to reflect on the blessings of the past year and look forward to the opportunities and challenges that lie ahead.

The arrival of the new year brings with it a sense of renewal and hope. It is a time to celebrate the possibilities of the future, to set new goals, and to embrace the potential for growth and prosperity. I want to extend my warmest wishes to all of you for a year filled with happiness, success, and peace.

As we move forward, I am excited to announce the upcoming events that we have planned for the next few months. We have a diverse range of activities and educational opportunities that I believe will greatly benefit our members: Infection Control & Cultural Competency with Membership Luncheon on Friday, February 9, 2024 at 10:00 AM; How to Save for Retirement and Minimize My Taxes on Thursday, March 14, 2024 at 5:30 PM; Soft Tissue and Radiographic Pathology on Friday, April 19, 2024 at 10:00 AM; and the LCDS Golf Scramble on Friday, May 10, 2024 at 1:00 PM.

These events promise to be informative, engaging, and an excellent opportunity to connect with fellow members. I encourage each of you to mark these dates in your calendars and make the most of the knowledge and networking opportunities they offer.

As we journey through the year, let's continue to support one another and work together to achieve our personal and professional goals. May this new year bring us closer to our aspirations and lead us to success.

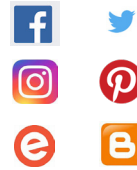
Wishing you all a prosperous and joyful new year!

Warm regards, Mercedes R Del Valle DDS FAGD

Lane County Dental Society
 4736 Royal Ave.
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 Eugene, OR 97402

Visit us at lanedentalsociety.org

Follow LCDS on:



office@lanedentalsociety.org

Office Hours:

Mon, Thu, Fri

11 am - 5 pm

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LCDS News
January/February 2024

Published bi-monthly by the Lane County Dental Society (LCDS) and distributed to members of the society as a benefit of membership. Statements of opinion in the LCDS news are not necessarily endorsed by LCDS. Contributions to the newsletter are welcome in the form of articles, photos, announcements, or other items of interest for our membership. Notice of errors and corrections are appreciated. Deadline for March/April Newsletter is February 15, 2023. Send all items to office@lanedentalsociety.org.

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Jennifer Kinkade
SVP, Healthcare Relationship Manager
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The Dangers of Neglected Infection Control in Dental Offices

Ayana Guzzino & Kelli Ngariki, Healthcare Compliance Associates



In the world of dentistry, the mission is simple: ensure every smile is as vibrant and healthy as it can be. Yet, lurking beneath the pristine surfaces of dental chairs and gleaming instruments, a threat can shatter this mission: neglected infection control

Let's pull back the dental chair curtain and reveal the stark reality: Inadequate infection control in dental offices can lead to many nightmarish scenarios. Dental offices that fail to comply with CDC Infection Control guidelines and OSHA regulations may experience breaches. These can lead to large amounts of money spent on testing and medical care for those affected and possibly loss of licensing.

A solid infection control program begins with an Infection Control Plan. This plan should consider workplace hazards and develop policies and protocols to diminish or eliminate these risks. By incorporating team awareness, training, and policies in the plan, dental facilities can prevent the most common infection control breaches listed below.

1. Improper Hand Hygiene

We know that your days are packed with patient appointments, sterilizing instruments, cleaning operatories, and keeping everything running smoothly. But here's something that can't be overstated: hand hygiene. It's the foundation of infection control, and inadequate hand hygiene can have dire consequences.

Improper hand hygiene can lead to the transmission of pathogens between dental staff and patients, increasing the risk of cross infections.

To make this manageable in your busy day, we recommend:

- Adequate training for your staff.
- Posting signs around the office to serve as reminders.
- Gentle corrections and cues for team members when needed.
- Ensuring your whole team is committed to making hand washing a top priority.
- Random observations to ensure it's being performed when and as recommended.

2. Improper Use of Personal Protective Equipment (PPE)

It can be a struggle to ensure everyone is using Personal Protective Equipment (PPE) correctly. Lack of training, supply shortages, and misconceptions can hinder proper usage. Non-compliance can be detrimental, potentially increasing the risk of infection transmission during dental procedures affecting dental staff and patients. To address this, it's crucial to provide adequate PPE to all staff, train them in its correct usage, and enforce its consistent use during patient care, cleaning, and device sterilization.

Dental infection control should include:

- Review tasks performed throughout the day and create policies and procedures outlining necessary PPE
- Periodically review donning and doffing procedures.
- Provide adequate PPE for all staff. Ensure correct size and fit for all staff members.
- Conduct comprehensive training.
- Enforce consistent use during patient care.
- Enforce consistent use during environmental cleaning.
- Enforce consistent use during instrument disinfection and

sterilization.

Not only does this protect your patients, but it also instills confidence in your safety program.

3. Inadequate Sterilization and Disinfection of Dental Instruments

Sterilization and disinfection are the unrewarded heroes of infection control. Properly executed, they eliminate the risk of transmitting infectious diseases between dental patients and healthcare workers.

Sterilization destroys and eliminates all microbial life forms, including bacteria, viruses, and spores. It is needed for instruments that encounter body fluids or the bloodstream. Disinfection reduces the number of pathogenic microorganisms to a level considered safe for patient contact. Disinfection is typically used for surfaces and non-critical instruments that do not penetrate body tissues.

Dental instruments are classified as:

- **Critical Instruments:** These instruments directly contact body tissues or the bloodstream and include scalpels and needles. They must be sterilized using methods that achieve a high level of microbial kill.
- **Semi-Critical Instruments:** These instruments contact mucous membranes or non-intact skin, but they do not penetrate body tissues. They should be either sterilized or subjected to high-level disinfection.
- **Non-Critical Instruments:** These instruments come into contact with intact skin and do not penetrate mucous membranes or body tissues. They can be disinfected using low-level disinfection.

Sterilization Methods:

Standard methods of sterilization for critical and semi-critical dental instruments include:

- **Autoclaving:** Steam under pressure is the most commonly used method for sterilization.
- **Dry Heat Sterilization:** Some instruments may be sterilized using dry heat ovens.
- **Chemical Vapor Sterilization:** Instruments can be sterilized using chemical vapors.

Ethylene Oxide (ETO) Sterilization: ETO gas may be used for items that cannot be autoclaved.

Disinfection Methods:

- **High-level disinfection** is often achieved using chemical disinfectants approved for medical and dental use.
- **Intermediate-level disinfection** may be used for semi-critical instruments.
- **Low-level disinfection** is suitable for non-critical instruments and environmental surfaces.

To ensure that dental practices are safe and effective, it is important to establish protocols and assign responsible parties to monitor and document sterilization and disinfection processes. This can involve using chemical, mechanical, and biological indicators, as well as keeping detailed records. Dental healthcare providers need to receive proper training on sterilization and disinfection procedures, to ensure compliance and patient safety. It is important to clean and decontaminate dental instruments immediately after use and before sterilization or disinfection. Proper maintenance of equipment is also crucial to ensure that it functions properly.

Inadequate sterilization and disinfection of dental instruments represent a critical breach in dental infection prevention and control. Research shows that lapses in instrument disinfection and sterilization can contribute to dental healthcare-associated infections (HAIs). These lapses can occur due to equipment malfunction, improper technique, or insufficient training.

The consequences of this breach are severe. Patients can develop infections, including oral infections and systemic illnesses, from contaminated dental instruments. Healthcare offices may face hefty fines and legal actions as consequences. According to Centers for Disease Control and Prevention (CDC), each day, approximately 1 in 31 U.S. patients contracts at least one infection in association with their healthcare, underscoring the need for improvements in patient care practices in U.S. healthcare facilities.

4. Needlestick and Sharps Injuries

Accidental needlestick and sharps injuries can expose dental healthcare workers to bloodborne pathogens like hepatitis B and hepatitis C. According to the CDC, an estimated 600,000 needlestick injuries and other transdermic injuries occur annually among healthcare workers in the United States. The CDC also reports that about 1 out of 300 healthcare workers accidentally stuck with a needle from someone with HIV get infected. These injuries can happen during the handling and disposal of needles, scalars, or other sharp dental instruments.

The consequences of needlestick injuries can be long-term and potentially life-threatening. Dental workers can contract bloodborne infections, leading to health complications.

To mitigate this risk:

- Prioritize staff training in safe handling and disposal of sharps.
- Use safety-engineered devices. Each year, you are required to review potentially safer sharps devices.
- Maintain and use sharps disposal containers.
- Regularly review and update sharps handling procedures.

5. Cross-contamination from Contaminated Surfaces and Equipment

It is crucial to keep a dental office free from cross-contamination caused by contaminated surfaces and equipment. Failure to properly clean and disinfect dental surfaces and equipment can result in harmful bacteria and viruses lingering, which poses a significant risk to both patients and healthcare providers. Research shows that Hepatitis B can live on surfaces for 7 days.

Instruments used in invasive procedures that come into contact with bodily fluids must be sterilized to eliminate microorganisms. Even seemingly harmless surfaces, such as doorknobs and light switches, can be breeding grounds for germs if not regularly disinfected. To ensure a safe and healthy environment, dental teams must adhere to strict protocols, including wearing gloves, masks, and other protective gear and meticulously cleaning and disinfecting all surfaces and instruments. This not only ensures the well-being of their patients but also their staff. Inadequately cleaned and disinfected surfaces and equipment can lead to cross-contamination, a serious concern in dental offices. These incidents can occur due to oversight or lapses in cleaning protocols and can have varying consequences.

To prevent this:

- Adhere to strict protocols.
- Meticulously clean and disinfect all surfaces and devices using EPA-approved products.
- Establish comprehensive cleaning and disinfection schedules and ensure they are followed.

The consequences of cross-contamination are far-reaching. It can lead to the transmission of pathogens between patients and dental staff, potentially causing infections and harm. To prevent this, it's essential to develop a comprehensive cleaning and disinfection schedule for all surfaces and equipment, with a particular focus on high-touch areas.

6. Improper Management of Dental Unit Waterlines

Failure to maintain and disinfect dental unit waterlines can lead to biofilm growth and the potential release of waterborne pathogens during procedures. In recent years, there have been reports of human illnesses and deaths caused by contaminated water from dental unit waterlines.

Biofilm buildup in dental unit waterlines can result from non-compliance with maintenance and disinfection protocols, potentially releasing waterborne pathogens during dental procedures, posing a risk to patients and dental staff.

To mitigate this risk, consider:

- Test waterline bacterial count.
- Regularly disinfect dental unit waterlines following manufacturer recommendations.
- Work with equipment manufacturers to ensure that their dental treatment water meets or exceeds the standards set by EPA for drinking water.
- Use commercial devices and procedures to improve water quality.
- Use source water containing less than 500 CFR/mL of bacteria.
- Clean self-contained water systems.
- After each patient, run any dental device used in the mouth and connected to the dental water system for a minimum of 20-30 seconds.

Conclusion

In conclusion, neglected infection control in dental offices poses serious risks. From improper hand hygiene to inadequate sterilization, the consequences can be severe for both patients and staff.

To mitigate these risks, dental practices must prioritize proper hand hygiene, ensure correct PPE use, maintain meticulous instrument sterilization and disinfection, address needlestick injuries, prevent cross-contamination, and manage waterlines effectively.

Neglecting infection control can not only lead to patient infections and legal consequences but also put the safety of staff members at risk. Therefore, dental professionals must invest in training, equipment maintenance, and safety culture to provide quality care and ensure the safety of everyone involved in the mission of dentistry: vibrant, healthy smiles free from infection.

The learning doesn't stop here; treat your staff to engaging, practical infection control training for dental professionals. Not only is Infection Control Certification required for your license, but it's also best practice and should be conducted annually. Plus, it's a great opportunity to engage with your staff and ensure everyone is on the same page.

Don't let infection control breaches jeopardize your patients' health and your practice's reputation. Sign up for Infection Control Training today!

Sources:

<https://www.osha.gov/bloodborne-pathogens/evaluating-controlling-exposure>
<https://www.cdc.gov/sharpsafety/index.html>
<https://www.osap.org/from-policy-to-practice-osap-guide-to-the-cdc-guidelines-2022-edition>

Recruit for Rewards Continued from p. 1

Periodic Prizes: Each winner of a Periodic Drawing will receive their choice of:

- An ADA Prize Package from the ADA Store with an Approximate Retail Value (“ARV”) of \$1,000
- Products valued up to \$1,000 from ADABEI-endorsed providers, or
- A check for \$500

Super Recruiter Prize: Any member who earns at least 25 entries into the Periodic Drawings will receive the prize package from the ADA store with an ARV of \$1,000 as described above.

Recognition

All recruiters will be recognized at SmileCon® 2024. Top recruiters will receive additional recognition. Quarterly winners and top recruiters will be announced in ADA Morning Huddle. Please refer to the Official Rules for the Recruit for Rewards Promotion:

<https://www.ada.org/join-the-ada/recruit-for-rewards/ada-recruitment-sweepstakes-rules>



Spring Dentist Social: Smile and Sip with Food Truck Delights

Thursday March 28: 5:30 - 8 pm
 255 Madison - The Tasting Room
 255 Madison Street, Eugene, OR 97402



COLUMBIA HEALTHCARE BANKING
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LCDS and Columbia Healthcare Banking invite Lane County Dental Society members and non-member dentists, including early career dentists and new dentists, in the Lane County area to our spring social at 255 Madison Tasting Room in Eugene. This is an opportunity to meet with old and new colleagues to celebrate our Lane County dental community. There will be two complimentary drinks per person and one food truck ticket for Smash Cart, Ojisan, or Willamette Artisan Pizza.

Free for Dentists. Tickets for guests of dentists are \$40 each.

Register for LCDS here: www.bit.ly/LCDSEVENTBRITE

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LCDS Golf Scramble
May 10 at 1 pm
Shadow Hills Country Club
 92512 River Rd, Junction City, OR 97448

Registration Opens February 1st
 \$100 LCDS Members/ Member Office Staff/ Business Associates
 \$140 for Nonmember Dentists and Guests of Dentists



Speaker: Kelli Ngariki
Owner, Healthcare Compliance Associates

Infection Control 10 a.m. - 12 p.m.



LCDS Luncheon & Business Meeting 12 - 1 p.m.

Cultural Competency 1 - 3 p.m.

Friday - February 9, 2024

Lane Community College

Building 4 Room 104

Free for LCDS Members

\$50 Staff

\$50 Business Associates

\$100 Assoc. Member Dentists

\$125 Nonmember Dentists

Kelli Ngariki owns Healthcare Compliance Associates (HCA), a consulting business focusing on helping healthcare practices become and stay compliant. She creates and conducts engaging continuing education courses for dental healthcare providers and their teams. Kelli aims to empower healthcare professionals with proven and emerging information and resources to ensure patients and staff are safe and secure. She is an Organization for Safety, Asepsis, and Prevention (OSAP) member.

Infection Control Course Content Summary

This course reviews infection prevention for oral healthcare settings according to the most current CDC Guidelines for Infection Control in Dental Health Care Settings and OSHA Bloodborne Pathogens Standard. Scenarios will be discussed to assist dental professionals in identifying risks and applying standard precautions to break the infection cycle. Specific prevention controls will include personal protective equipment, dental instrument cleaning and sterilization, dental unit waterline cleaning and testing, and developing and evaluating an effective infection control program.

Three expected outcomes of the attendee learning experience :

- 1) A fresh perspective on the consequences of the infection control cycle.
- 2) Appreciation of the importance each dental healthcare professional plays in breaking the infection cycle.
- 3) Correction of legacy errors using standard operating procedures and manufacturer’s instructions.

Cultural Competency Course Content Summary

In this course, we will discuss the significance of cultural competency in healthcare environments and explore the disparities within the United States and Oregon. This training will provide dental teams with short- and long-term strategies to enhance patient trust and achieve better outcomes.

Information and research were gathered from Oregon Health Authority, Oregon Medical Board, Center for Disease Control, and real-life experiences. Various scenarios will be explored, aimed at helping dental professionals identify potential biases and develop effective strategies to foster a more inclusive healthcare culture, thereby enhancing the overall patient experience.

Three expected outcomes of the attendee learning experience :

- 1) Awareness of personal and cultural biases and how they negatively affect patient care.
- 2) Recognition of various minority groups, their perception of the healthcare system, and how to overcome those predispositions.
- 3) Usable strategies that can be implemented immediately and within a long-term plan to improve patient outcomes.



LCDS is an ADA CERP recognized provider approved by the Oregon Dental Association. ADA CERP is a service of the

American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry.



LCDS is designated as an Approved PACE Program Provider by the Academy of General Dentistry. The formal continuing education programs of this provider are accepted by AGD for Fellowship, Master-ship and membership maintenance credit. Approval does not imply acceptance by a State or provincial board of dentistry or AGD endorsement. The current term of AGD approval extends from 1/16/2023 to 1/15/2027.

Platinum CE and Speaker Sponsor and Exclusive Banking Partner of LCDS



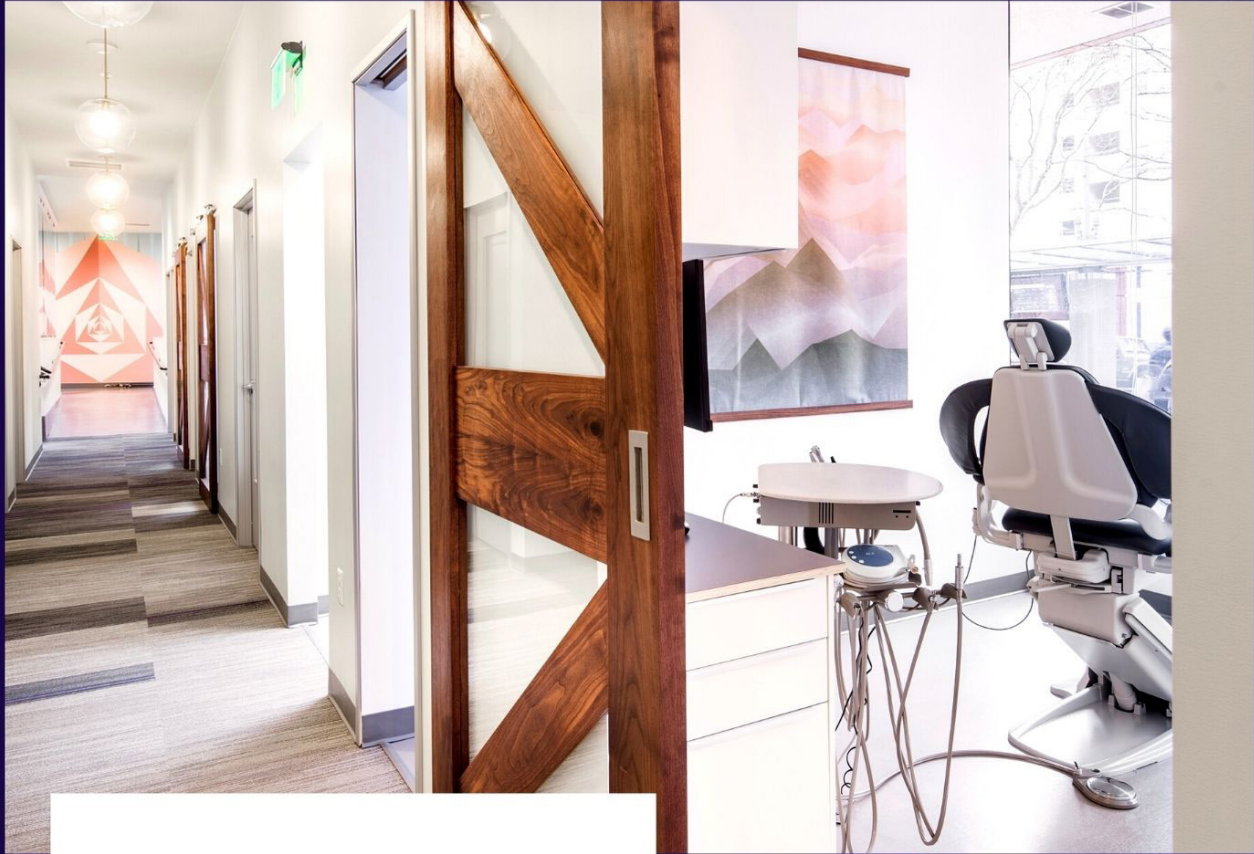
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YOUR OFFICE IS THE SMILE THAT GREETES YOUR PATIENTS



ED Message: Update Your ADA Profile and Ensure your Information is Current for Next Member Directory and Renew Membership before January 31st

Nissa Newton, Executive Director, Lane County Dental Society



Happy New Year! As I prepare the next Member Directory, you can help me by sending me updated photos and contact information. We still have quite a few practicing dentists that do not have their picture on file. Please look for emails from me requesting pictures and information. Current members can go to www.lanedentalsociety.org/lclds-membership and log on with your ADA User ID and Password to view last year's directory if you do not have a printed copy. Your assistance can make our 2024's directory the best yet! You can email me at office@lanedentalsociety.org with any membership renewal or directory questions.

This is also a great time for new members to join. There is a lot going on in the American Dental Association world that will enhance your membership benefits as we move into the future together. The ADA Member App has the ability to store your professional documents, explore member benefits, the ability to search for colleagues, make new connections, and track CE. As part of Lane County Dental Association, all of our CE Events are free for our members. If you are wanting to network with other dentists, we have spring and fall socials, sponsored by Columbia Healthcare Banking that are free for all dentists to attend. This year we are also going to have a Golf Scramble. There are also upgrades going into improving the ADA experience through enhancing organizational websites and management tools. I am looking forward to these changes and believe that they will help me better serve you.

How to Save for Retirement and Minimize My Taxes (2 CEs)

Dentists retire about five years later than the average American. Learn the best strategies and their tax- saving benefits



Nate Ricks, CFP®, MS
Financial Advisor & Founder
Financial Freedom for Dentists



Loyd Burleson III, CFP®, CRPC (TM)
Associate Financial Advisor

The purpose of this this presentation is to review the following tax-advantaged strategies that dentists may be able to use to better prepare for their retirement:

- Health Savings Account (HSA)
- Roth Individual Retirement Account (IRA)
- Traditional IRA
- SIMPLE IRA Retirement Plan
- Safe Harbor 401(k) Retirement Plan
- Safe Harbor 40(k) Profit-Sharing Retirement Plan
- Cash Balance Retirement Plan
- Backdoor Roth IRA

Thursday, March 14, 2024

5:30 - 7:30 PM

Lane Community College

Free for LCDS Members

\$50 Staff & LCDS Business Associates

\$100 Associate Member Dentists

\$125 Nonmember Dentists

During this presentation, we will discuss the conditions where each of these strategies works best, the logistics for using each of these strategies, and the tax benefits associated with each. To bring these strategies to life, we will show how they apply to a sample dentist. This is an interactive and engaging presentation with plenty of time for questions.

Sponsored By: Columbia Healthcare Banking - Platinum CE and Speaker Sponsor & LCDS Exclusive Banking Partner, Digital System Integrators, LLC (DSI) - Silver CE Sponsor, Sittner & Nelson, LLC - Silver CE Sponsor

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Classified Ads

It is Membership Renewal Season! Renew Today:

www.oregondental.org/member-center/join-renew

Toothbrush, Paste, and Floss Donations Needed for Bags of Love

Bags of Love is a nonprofit serving children in crisis due to abuse, neglect, poverty, moving into foster care, or one without a home at all. In 2022, Bags of Love helped over 4,600 local Lane County children in crisis. Donations can be dropped off Monday - Thursday from 10:00 - 2:00 pm at 1052 Green Acres Rd or pick up can be arranged by calling the office at 541-357-4957.

Local Eugene Pediatric Dentist looking for position, share space or sick and vacation coverage 1-2 days a week. Will travel up 60 miles from Eugene. Please send inquiry to mike@mikedds.com.

Through April 20 "Duality" Marina Hajek (Herrera)

Don Dexter Gallery hosts "Duality," a limited exhibition of bronze sculptures from Guatemalan American artist Marina Hajek (Herrera) from January 6 - April 20, 2024. Don Dexter Gallery, dondextergallery.com

Through February 29 "Distinct Visions curated by Emerald Art Center"

Don Dexter Gallery hosts a collection of artwork from seven artists who represent Emerald Art Center with their mature vision and consistent technique in their respective craft, through February 29. Don Dexter Gallery, dondextergallery.com

LCDS Members can view council minutes online with their ADA login:
www.bit.ly/LCDSMINUTES



Caring Hands Worldwide Update

Randy Myer

Caring Hands Worldwide was able to serve almost 200 veterans, elderly, and low-income families with freedental exams, digital x-rays, fillings, extractions, and dental cleanings this year for an estimated total of \$80,000 in free dental care. If you would like to volunteer next year the dates will be November 9th and 10th at the Lane County Fairgrounds Auditorium. For further information please contact Randy Meyer at randy@caringhandsworldwide.org or 541-556-5902.



Membership Luncheon and Business Meeting February 9, 12-1 p.m. at LCC (Building 4, room 104)

This year's membership luncheon will be held in conjunction with our February CE Classes during the lunch break. Members are encouraged to attend and guests attending the classes are also welcome to have lunch with us. If you will not be attending the classes and still want to attend please notify us at office@lanedentalsociety.org, so we can make sure to have enough food for everyone.

Our agenda includes representation from the Oregon Dental Association present to address us and inform us about what our state association is working on to enhance membership throughout the state. We will also review our 2024 budget and elect our council members and officers for 2024 - 2025 election year.

Eugene/Springfield, Oregon Practice and Building for Sale. **Price reduced \$110,000.** Great building. Collecting over \$900,000. 5 ops and room for more and/or rent out upstairs space. (ORD157)

Dental-Medical-Veterinary Building for Sale in Salem (ORR105)

5 Op Building for Sale in Salem Great location (ORCM162)

Healthcare Building For Sale in Southern Oregon 1200 sq ft building in beautiful rural area near CA. (OR104)

Profitable Practice for Sale in Hillsboro (ORD174)

Associate for Long-Term, Hi-Tech Office in Scappoose (ORD172)

For more information on the above contact Megan Urban for information: 503-830-5765; megan@omni-pg.com. and also visit us at www.omni-pg.com



Upcoming Events

**Infection Control (2 CEs)
Cultural Competency (2 CEs)
Healthcare Compliance Associates
& Membership Luncheon**

February 9, 2024, 9:00 AM - 3:00 PM
Lane Community College, Eugene, OR
Free for LCDS Members,
\$125 nonmember dentists, \$50 Staff

**Retirement Planning Strategies
for Dentists (2 CEs)**

Nathan Ricks, CFP
Lane Community College, Eugene, OR
March 14, 2024, 5:30 - 7:30 PM
Free for LCDS Members,
\$125 nonmember dentists, \$50 Staff

**Spring Dentist Social: Smiule and
Sip with Food Truck Delights**

3/28/2024, 5:30 - 8:00 p.m.
Location 255 Madison - The Tasting Room
Free for all dentists, \$40 guests of dentists
two drink tickets and one food truck ticket

**Soft Tissue and Radiographic Pa-
thology (6 CEs) Dr. Bryan Trump**

April 19, 2024, 10:00 am - 2:00 PM
Free for LCDS Members,
\$125 nonmember dentists, \$50 Staff

LCDS Golf Scramble

Shadow Hills Country Club
May 10, 2024, 1:00 PM
\$100 LCDS Member/ Staff/ Associate
members, \$140 Nonmember Dentists
and General Public

LCDS Retiree Luncheon

Roaring Rapids Pizza Co.W
June 4, 2024, 12:00 - 2:00 pm
Price \$25 per person - includes
pizza, salad, beverages, and beer

Hop Valley Dentist Fall Social

September 17, 2024, 5:30 - 8:00 p.m.
Hop Valley Brewery (990 W 1st- Eugene)
Free for all dentists, \$40 guests of dentists
Free for all dentists, \$40 guests of dentists

Suturing for Sucess

Dr. Nabeel Cajee
October 18, 2024,
Lecture (3 CEs) 9 am- 12 pm
Hands On (limited to 30 participants) (2 CEs) 1-3 pm
Lane Community College, Eugene, OR
Free for LCDS Members
\$125 nonmember dentists, \$50 Staff

**Advances in Dental Pharmacotherapy
(3 CEs)**

Karen Baker RPh, MS
December 6, 2024, 9 am - 12 pm
Lane Community College, Eugene, OR
Free for LCDS Members
\$125 nonmember dentists, \$50 Staff

Event Registration Page:
www.bit.ly/LCDSEVENTBRITE

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January / February 2024

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