



# LANE COUNTY DENTAL SOCIETY

**Speaker: Janet Press, RHD**

Columbia Bank Speaker sponsored by: Columbia Bank  
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May 12, 2023, 9 am - 4 pm  
Lane Community College  
Free for LCDS Members  
\$125 for non-LCDS dentists  
\$50 for office staff  
Register:  
[www.bit.ly/LCDSEVENTBRITE](http://www.bit.ly/LCDSEVENTBRITE)

**Lasers in the Hands of Dental Hygiene Lecture (3 CE)**

**Laser Hands-on Simulation Workshop (2 CE)  
\* limited to 20 attendees**



Janet is a Dental Hygiene graduate of the University of New Mexico, Albuquerque, maintains RDH licensure in Nevada and California and has practiced in general and periodontal specialty since 1975. Ms. Press holds the Academy of Laser Dentistry Fellowship and received Certification in soft tissue laser training thru the ALD in 1995. Previously, Director of the Dynamic Team and Laser Certification programs, Janet was an integral faculty member at the Las Vegas Institute for Advanced Dental Studies (LVI) for ten years. Internationally recognized published author and expert in the field of Dental Hygiene Laser Education she has provided Laser education/training to Dentists and Dental Hygienists in the academic environment as well as the private sector for 20 years. Ms. Press is recognized nationally for her significant contribution in the growth of "Lasers in Dental Hygiene" and the regulations that surround the use of lasers in numerous states. Janet was also named "Distinguished Dental Professional" by Dentsply International. Ms. Press is a Certified Laser Safety Officer, nationally recognized AGD PACE course provider, an ADA C.E.R.P. approved speaker bringing together science and cutting-edge patient care, expanded practice protocols, and professional motivation to the Dental Health Professionals at national and international conferences, state and local dental meetings and in private dental offices. She is the owner of 21st Century Dentistry, LLC, specializing in Laser Certification Training, Dental Team Communication, and Hands-on Clinical Dental Hygiene Education.

**9 am - 12 pm Lasers in the Hands of Dental Hygiene**

**Course Description:** Incorporating Laser as a treatment adjunct is a tremendous asset for the Dental Hygienist to jump-start change in the eyes of the patients and expand your practice model of patient health and wellness. Join in as we explore how Laser assisted Hygiene fundamentally impacts the treatment of Periodontal Disease through bacterial biofilm disinfection and the physiologic healing benefits of Diode Laser therapy.

**Course Objectives:** Learn about the science of laser wavelengths and the unique absorption characteristics of light energy when combating the periodontal infections. Understand the advantage of thermal disinfection and the effect laser application has in treating gingivitis and periodontitis infection, decreasing systemic levels of inflammation, and the role it plays by improving a patient's medical risk profile of susceptibility. Discuss the clinical techniques associated with laser subular debridement (LAPT) and disinfection (LBR) that increase patient treatment acceptance by communicating effectively the therapeutic value of laser assisted hygiene. Discover the potential for Doctor surgical Laser applications.

**1 pm - 3 pm Laser Hands-on Simulation Workshop**

**Course Description (morning session required to attend):** In this hands-on workshop you will learn the specifics of laser fiber optic delivery and discover the delicate nature of using a Diode laser device. Working with simulation exercises that mimic specific laser procedures, this workshop is designed to build basic clinical understanding in the delivery of laser light energy by using Diode Lasers.

**Course Objectives:** Discover the difference in laser capability between Doctor "Hot" Laser Settings vs. Dental Hygiene "Warm" Laser Settings. Experience simulated clinical methods associated with Doctor soft tissue surgery, Hygiene laser debridement, and laser bacterial disinfection. Practice initiated and bare fiber tip applications to gain understanding of their very specific clinical procedural necessity.



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